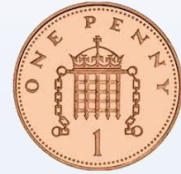


Falkirk Families
Play is
the Way
How will we play today?



Pop to the shop!

Give it a try

Cheese ✓
Milk ✓
3 Oranges ✓
Fish fingers ✓
Beans
Bread
Big box of Frosties



Everyday visits to the shops offer a wealth of learning experiences for young children.
Things to consider to help support literacy and mathematics with your wee one:

- **Write** a shopping list together before you leave and have your child cross off the list as you pick up each item.
- Get them to **count** out how many of the items you need ie 3 oranges, 6 bananas
- Ask them to get you the **'big'** packet of Frosties.
- If buying loose vegetables get your child to **weigh** them – how heavy are they, which fruit bags are the **heaviest/lightest?** Which one has **most** in it?
- Think about the ingredients you might need for their favourite dish / baking. Get them to help you **write** out what you need to buy and encourage them to **identify** the packaging themselves - milk, eggs, flour, sugar
- Talk about **healthy options**
- Talk about **where foods comes from.**
- Make sure to talk about **money / how much** throughout the shopping experience.



WORK TOGETHER
PLAY TOGETHER
SUCCEED TOGETHER



Playing together is really important for developing your child's Language, which is vital for their learning in all areas.

A few top tips to get the most out of playing together!

- ✓ Get down to your child's level & play face-to-face
- ✓ Follow your child's lead in play
- ✓ Repeat new words often
- ✓ Most importantly - HAVE FUN!

[Supermarket song](#)

Click on the link

